

# The Lure of Dreamcatchers

## Some Symbolism (cont.)

### Elements:

Earth - wooden hoop; sand, rock, and clay beads used

Air - feather

Fire - sun's first rays that destroy the nightmares, keeping the promise of the dreamcatcher

Water - needed to make the materials pliable and manageable, including the shaping of the sand and clay into beads

### Colors:

(represent the 4 cardinal directions and the 4 colors of man)

<i>Direction</i>	<i>Color</i>	<i>Element</i>	<i>Attributes</i>
North	white	air (?)	strength, stamina, endurance
East	yellow	earth (?)	knowledge, beginning life cycle, wisdom
South	red	fire	change, seasonal renewal on Earth
West	black	water	path of souls, direction of death

- Green represented Mother Earth.

- Blue often replaced black for water.

## The Dreamcatcher's Power

By tradition, the place for a dreamcatcher is either hung above your bed or in a window near the bed. They show up all over the place, though, much to the chagrin of some traditionalists. Personally, I'd say put it where it feels "right". You'll know that place without someone telling you.

One of the nicest things about dreamcatchers is that their magic just works. You make it (or buy it), take it home, hang it up, and that's all there is to it. However, if you wish to empower or charge your new dream guardian here's a simple method. Expose your dreamcatcher to the moon's soft rays, preferably during a full moon, and envision it's web sparkling with dew-like energy in the moonlight. See the good dreams dancing along the threads down to the center hole, where they can float through to a waiting sleeper. If you've been troubled by bad dreams or outright nightmares, you might want to see the bad dreams like dark energy points stuck and tangled in the web, only to vaporize in the sun's first rays. Mentally see them struggling against the webbing, only to go poof! as the sun's light hits them. Hang your dreamcatcher near your bed. Pleasant dreams!

## A Couple of Sources:

Black, Julie. Dreamcatchers: Myths and History. Buffalo, New York: Firefly Books, 1999.

Elaine's Dream Catcher Page <<http://freespace.virgin.net/derek.berger/dreamcatcher.html>>

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